

# "Emil Convalescence House" March 2023



Dr. Aviva Wolf Psychiatrist, Convalescence & Dual Diagnosis Specialist

Evi Ziv MSw Addiction& Dual Diagnosis Specialist



## Introduction:

The center will provide convalescence services to patients-clients dealing with all types of mental illnesses and disorders (post-surgical, post-activity affecting the central nervous system, post-stimulant treatment, physical therapy, prescription medicine, Healthy nutrition programs, weight loss, after surgeries and ventilated patients, patients requiring dialysis and more). The unique combination of the fields of rehabilitation and geriatrics at the center enables complete treatment under one roof for the most complex and serious patients (including ventilated patients, patients requiring dialysis and more).

The activity of the center is based on Putting the patient and his family in the center while recognizing that the hospital staff treats the individual and not only the disease. A multi-professional and interdisciplinary holistic approach is mandatory when contending with the complex situations in which the patients find themselves and the ramifications derived from such on its proximate environment.

Pursuant to the center 's vision: "The EMIL Center is a leading rehabilitation center based on love of mankind and professional excellence. The center's staff is committed to excellent and devoted treatment of the patient and his family, to initiative and innovation, to research and TRAINING and to collaborating with the medical and welfare services in the community."

# Proposed infrastructure:

"Emil Convalescence House" Center - 90 beds			
Dep. A 30 Beds psychological conditions	Dep.B 30 Beds Postoperative and neurological cases	Dep.C 30 Beds Physiotherapy and diet	



## Proposal for convalescence house Center:

The principal approach of all the medical services at EMIL center, the admissions and the treatments in the clinics, focus on implementation of the rehabilitation potential of the patients and his return to optimal functioning in all fields: physical, social, emotional and employment. The medical staff does not suffice with advancement of medical indices for normal values as far as possible. The medical indices of this type have a limited value if the patient is not functioning and has an inferior self-value. Each patient has a "customized" individual treatment program pursuant to his medical condition and needs using a holistic vision that involves the entire treatment team together with the patient. The medical process is led by rehabilitation physicians, geriatric physicians, specialists in pain alleviation and therapists in the field of: physiotherapy, occupational therapy, speech therapy, rehabilitative psychology, nutrition and diet, occupational treatment, horticultural therapy, art therapy, dance and drama therapy, complementary medicine and more. This approach has proven itself at center in respiratory rehabilitation processes, treatment for prolonged pain and eating disorders, and it leads in empowerment of the patients and medical success.

The EMIL center will be Combination of advanced technologies and innovation in the rehabilitation process

A combination of advanced technologies has a great value in rehabilitation treatment. Treatment with technologies alongside individual "hands on" work of the therapist from the health professions helps in connecting the patient and increasing his motivation for treatment.

### Multi-disciplinary team (upto30 patients)

Profession	
Medical director (psychiatrist with training in addiction treatment)	1
Psychiatrist	1specialist and 2 residents or 2 specialists
Md- Neurologist	1
MD -specializing in pain management	1
Head Nurse	1
Nursing Staff	throughout the day 24/7
Case Managers: social worker, psychologist, clinical criminologist, occupational therapist	3
Expressive therapists(art& music therapy)	1



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Physiotherapist	2	
nutrition specialist	2	
Administrative manager	1	
Pharmacist	1	



The center will admit those who have completed the treatment phase from "Emil Center' as well as other patients-clients in need of thus enhances treatment.

The multi-disciplinary team will coordinate and apply the treatment plan. The therapeutic spirit, principles, and therapeutic tools at the center embody the clinics' vision: acknowledging the right of every person to a fulfilling and meaningful life as much as possible.

The team will accompany the patient from withdrawal phase or the induction phase in case the treatment of choice will be until achieving physical and mental stabilization, until maintaining abstinence and reaching a significant improvement in the quality of life of the person and his family. The therapeutic spirit is based on the motivational approach to increase commitment ochange, principles of traumainformed treatment, and principles of cognitive behavioral therapy to achieve change. Below are several basic services in the center:

# **♣** General rehabilitation division:

- Respiratory and prolonged ventilation rehabilitation division
- Geriatric division
- Geriatric rehabilitation wards
- Complex invalid nursing wards
- Pediatric wards

### Clinic and institute services:

- Rehabilitation ambulatory services
- Pain institute
- Treatment for eating disorders institute
- Sexual treatment and rehabilitation clinic
- Rehabilitation complementary medicine clinic